

**Solid Rock Christian Church Manassas, Virginia  
Bible Study for September 24, 2020**

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**Title: "Let God Breathe Into Your Life"**

**Scripture Reference: 2 Timothy 3:16**

**"All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:"**

**I. Introduction**

A. Would you be interested in getting connected to a power source that will overflow you with extraordinary energy, vitality, strength, and wisdom to overcome any challenge that comes your way?

B. Who wouldn't want that kind of help? Well, you know what is amazing, you already have it available to you. However, so many people have not yet learned how to connect to this power source in order to receive its full benefit.

C. Let me tell you some of the places you can find this power source. Right there in your home, it may be sitting on a shelf, it

may even be opened and sitting on a coffee table; maybe it's in a magazine rack, or even in a bookcase. I've even seen it in the back seat or on the ledge of the back window area of a vehicle.

D. You have probably figured out by now that I'm talking about your Bible, which is one of the greatest sources of power on earth. If you learn how to tap into God's word and let it flow into you, you will become equipped with wisdom, answers to your problems, and the power to overcome in every single situation in your life.

E. When the Apostle Paul's young spiritual son Timothy felt attacked on every side by difficult situations he was facing in the City of Ephesus, he wrote to Paul, seeking answers and help.

F. With the expectation of counsel and advice from Paul, Timothy received a letter from Paul that contained these precious words: "All scripture is given by inspiration of God ..." (2 Timothy 3:16).

G. Let's examine this passage together and discover what God has for us through His Word.

## II. Exposition [Part I]

A. I would like for us first to notice the word "inspiration," because, it is a powerhouse when you really understand what it means. This word comes from the Greek word *theopneustos*, which is a compound of the words *theos* and *pneuma*.

B. The Greek word **theos** is the word for **God**. However, get ready for the amazing secret to this powerhouse. It happens when **theos** is coupled to the second half of the word, **pneuma**, which comes from the Greek root **pneu**.

C. The root word **pneu** communicates the idea of the dynamic movement of air. For instance, it can mean **to blow**, as **to blow air through an instrument to produce a distinct musical sound**.

D. There are also places where it is translated **to breathe** or **to emit a fragrance**. Finally, this root word can be used to denote **the projection of emotion**, such as **anger, courage, or goodwill**.

E. But when the root becomes **pneuma**, as it is in this verse, it carries a more profound range of meanings, including, **life, force, life-force, energy, dynamism, and power**.

F. The Jews considered the **pneuma** to be the powerful force of God that created the universe and all living things, and the force that continues to sustain creation.

G. In the Old Testament, the **pneuma** of God would sometimes move mightily upon a person, enabling that person to do supernatural things.

### III. Exposition [Part II]

A. When this word *pneuma* is compounded with the word **theos**, it forms the word **theopneustos**, which is where we get the word *inspiration*.

B. Together, these words literally mean **God-breathed**. The word **theopneustos** - "inspiration" - is the picture of God breathing or emitting His own substance into something.

C. Just as a musician would blow into an instrument to produce a distinct sound, Almighty God moved on those who wrote the Scriptures, and they became the instruments through whom God expressed His heart and will.

D. They were the writers, but God was the Great musician who breathed upon them; they were His instruments. As a result, the Bible is God's message, delivered through human writers, to you and me.

### IV. Exposition [Part III]

A. Just as the word *pneuma* can carry the idea of a fragrance, the Word was breathed out from God and therefore it carries *His very essence and fragrance within it*.

B. The Word of *God* also conveys an intellectual message, and it contains *God's* heart and His will. The same power of *God* that originally created and continues to sustain the universe, is still working inside of the Word, just as strong as it did when it was penned by the recorders when "**God-breathed**" it.

#### V. Exposition [Part IV]

A. Picture this simple example of the word *theopneustos*. If you hold a deflated balloon that is without form to your lips and then breathe into it, the balloon will inflate.

B By blowing your breath into that deflated little piece of rubber, this action causes it to fill up so that its true form becomes visible.

C. When the balloon is fully inflated, you then tie a knot at the entrance point of the air intake to trap the air inside. Now, the air that filled the balloon and caused it to take form is the same substance that empowers it to sustain its form. It was your breath that created its form, and it is your breath that now sustains it.

**Comment:** If the molecules inside the balloon were analyzed, it would be found that a part of you is held inside of the balloon, in the form of the air you breathed into it.

D. Now, let's apply this to the Bible when God was ready to speak to mankind. He held up human language to His mouth and breathed into it.

E. After breathing His *pnuema* power into the language to produce life-giving words, God moved upon the hearts of those He chose to write His Book, and men began to write under divine inspiration. ((Are you getting this??))

F. As God continued to breathe on words and phrases and sentences, His Word began to form and take shape until finally, over a period of approximately 1600 years, using about 40 different writers, we have the infallible, inerrant words recorded in the Bible as we know it today. ((Somebody ought to shout - **Hallelujah!** ))

## VI. Exposition [Part V]

A. Today, the same breath of God that caused the Word to materialize in written form is now held inside the Bible.

Excuse me while I preach right here -

The Word of God is supernatural in origin, Divine in authorship, human in penmanship, glorious and marvelous in its revelation, magnificent and majestic in its translation, wonder-working and powerful in its application. Make sure you get connected to the Power Source!!!

## VII. Exposition [Part VI]

A. Think about it, the Bible you own that may be sitting on a shelf, stored away in a desk drawer, sitting on the back seat of your automobile, or situated neatly on your coffee table, it contains the very life, essence and energy of God.

B. The *pneuma* held inside the Word is ready to blow mightily upon you and upon the situations that surround you - and when that happens, everything will change!

Because of the word *theopneustos*, 2 Timothy 3:16 carries this idea:

**"All scripture came into existence because God Himself breathed upon men, who then wrote as this divine breath moved upon them - and thus, the Word took shape and came into existence ..."**

## VIII. Exposition [Part VII]

A. The supernatural breath and life of God that is held within His written Word is the reason that Paul went on to say that the Word is "**profitable.**"

B. The word "profitable" is the Greek word **ophelimos**, and it means *helpful, profitable, useful, beneficial, or something that is to one's advantage.*

C. Paul goes on to list all the ways that God's Word brings benefits to the one who reads it, meditates on it, and plugs into its ***pneuma.***

D. So when Paul wrote to Timothy, "All scripture is given by inspiration of God ...." He was reminding Timothy that because he had the Word, he possessed the greatest source of power and energy that exists!

E. If Timothy would get into the Word and allow the life of God to flow up, out, and into his life, enough power would be released to change every difficult situation he was facing. That is why Paul said the Word is "**profitable.**"

## IX. Summary

A. Once you understand the meaning of the word "inspiration," you will begin to realize that the Bible is not just a Book about God; it is a Book that actually contains God's own breath and Spirit.

B. This is a very important reason why we should spend time studying and meditating on *God's Word* every day! By doing so, you will learn to unlock the power contained within it.

It's interactive/participation time. Please complete the following passages by filling in the blanks. All Scripture passages have been taken from the KJV of the Bible.

"I was in the \_\_\_\_\_ on the \_\_\_\_\_ day, and heard behind me a great voice, as of a \_\_\_\_\_, Saying, I am \_\_\_\_\_ and Omega, the first and the \_\_\_\_\_: and, What thou seest, \_\_\_\_\_ in a book, and send it unto the seven churches which are in Asia: unto \_\_\_\_\_, and unto \_\_\_\_\_ and unto \_\_\_\_\_.

**(Revelation 1:10-11)**

"Knowing this first, that no \_\_\_\_\_ of the scripture is of any \_\_\_\_\_. For the \_\_\_\_\_ came not in old time by the \_\_\_\_\_ of man: but \_\_\_\_\_ men of God \_\_\_\_\_ as they were moved by the \_\_\_\_\_." (2 Peter 1:20-21)

"This \_\_\_\_\_ of the \_\_\_\_\_ shall not depart out of thy \_\_\_\_\_; but thou shalt \_\_\_\_\_ therein \_\_\_\_\_ and \_\_\_\_\_, that thou mayest \_\_\_\_\_ to do according to all that is \_\_\_\_\_ therein: for \_\_\_\_\_ thou shalt make thy way \_\_\_\_\_, and then thou shalt have good \_\_\_\_\_"

(Joshua 1:8)

"Thou wilt shew me the \_\_\_\_\_ of life: in thy \_\_\_\_\_ is \_\_\_\_\_ of joy; at thy \_\_\_\_\_ hand there are \_\_\_\_\_ for evermore." (Psalm 16:11)

## Questions For You To Consider

1. Can you think of an instance in your life when you literally felt the power of God's Word flow into you and energize you to deal with a situation you were facing?
  - a. If so, when was that and what was the end result of the power you felt so strongly that day or night?
2. How much time do you spend reading your Bible or listening to the Bible on tape in a given week?
3. Do your Bible-reading times reveal that you are digging deep to get as much as possible out of the Word that you possibly can?

I pray that this study session has been a blessing to you. Please feel free to share it with others. You may also listen to my Sermons and Teachable Moments on our church website at: [www.solidrock-cc.org](http://www.solidrock-cc.org). Bible Study sessions are NOT recorded but the Study Notes are posted on the webpage for viewing, and they may also be downloaded if you desire.

Jude 3

Pastor Austin